

Winter Practice Schedule

November 24 – March 22, 2026

Breeze/Blast

Mon @ IKE 6:30-7:20pm

Wed @IKE 6:30-7:20pm

Fri @ IKE 6:30-7:20pm

Vortex/Twister/Tsunami

Mon @ IKE 7:20-8:20pm

Wed @IKE 7:20-8:20pm

Fri @ IKE 7:20-8:20pm

Gust/Gale

Mon @ NORTH 6:30-7:30pm

Wed @ WEST 6:10-7:20pm

Fri @ WEST 6:10-7:20pm

Sat @ IKE 11:20-12:40pm

Whirlwind/Tempest/Typhoon

Mon @ NORTH 7:30-8:30pm

Wed @ WEST 7:20pm-8:30pm

Fri @ WEST 7:20pm-8:30pm

Sat @ IKE 11:20-12:40pm

Cyclone I

Mon @ WEST 6:15-7:45pm

Tues @ WEST 6:15-7:45pm

Thurs @ WEST 6:15-7:45pm

Sat @ IKE 9:50-11:20am

Cyclone II & III

Mon @ WEST 6:15-8:00pm

Tues @ WEST 6:15-8:00pm

Thurs @ WEST 6:15-8:00pm

Sat @ IKE 9:50-11:20am

Senior Bronze

Mon @ WEST 4:30-6:15pm

Tues @ IKE 4:30-6:30pm

and- 6:30-8:30pm

Wed @ WEST 4:30-6:15pm

Thurs @ IKE 4:30-6:30pm

and- 6:30-8:30pm

Fri @ WEST 4:30-6:15pm

Sat @ IKE 12:30-2:30pm

Senior Silver

Mon @ IKE 4:30-6:30pm

Tues @ WEST 4:30-6:15pm

Wed @ IKE 4:30-6:30pm

Thurs @ WEST 4:30-6:15pm

Fri @ IKE 4:30-6:30pm

Sat @ IKE 8:00-10:00a

Senior Gold

Mon @ IKE 4:30-6:30pm

Tues @ WEST 4:30-6:15pm

Wed @ IKE 4:30-6:30pm

Thurs @ WEST 4:30-6:15pm

Fri @ IKE 4:30-6:30pm

Sat @ IKE 8:00-10:00am